## REACTION TOO POWERFUL.... 3

PARENT'S CALL...!!!

DISCERNMENT: I need to

stop this conversation or

projecting onto my

partner...!!

-2

I'm feeling
uncomfortable, I need
to take a moment to
collect myself...if I
don't I may say
something disrespectful
that I will regret...

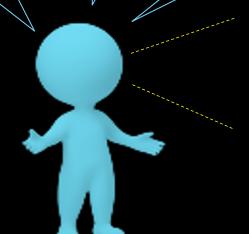
Yes, I need to end this conversation. What is important for you to know, is my reaction and discomfort is MY issue and has NOTHING to do with you...!!!

4

Also, I love you and I just need some space to collect myself. I reassure you that taking time does not mean I don't love you anymore...!!



Inner World



GAZE ON PARTNER

SPEAK TO 2-4

Outer World

My ADULT is responsible for ALL SPEECH ...!!! (not laced with with history)

My KIDS are not involved...!!!

My KIDS trust that I will take care of them...!!!

